

## Insure Your Health

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## VERMONT

### **Programs for Adults and Families**

#### *Green Mountain Care*

Green Mountain Care is a group of low-cost and free health coverage programs for residents of Vermont. It provides the uninsured with access to quality, comprehensive health care coverage at a reasonable cost. The four programs covered within Green Mountain Care are:

**Vermont Medicaid** is for children under age 21, pregnant women, parents of children under age 18 and the disabled who live in Vermont and meet certain low-income requirements.

**Vermont Health Access Plan (VHAP)** is for uninsured adults who live in Vermont, meet certain low-income requirements and do not qualify for Medicare or Medicaid.

**Dr. Dynasaur** is for children under age 18 and pregnant women who live in Vermont and meet certain low-income requirements.

**Catamount Health** is for adults age 18 or older and families living in Vermont who are not eligible for Medicare, Medicaid, or VHAP and who meet certain requirements.

**Employer-Sponsored Insurance Premium Assistance** is available to residents of Vermont who are currently uninsured, who qualify for VHAP or Catamount health, whose employer offers employee benefits and who meet certain low-income requirements.

**Prescription Assistance** are programs to help uninsured Vermonters and those enrolled in Medicare pay for prescription medicines based on income, disability status and age.

For more information, call 800-250-8427 or visit [www.GreenMountainCare.org](http://www.GreenMountainCare.org)